



YERIN

Eleanor Duncan
Aboriginal Health Centre

CELEBRATING ELEANOR DUNCAN

Our namesake originates from the remarkable Eleanor Duncan. Eleanor was an active community member on the Central Coast and as Registered Nurse, she provided important services to Aboriginal and Torres Strait Islander people in the region.

Born on the land of the Gomeroi people in Moree in 1937, Eleanor went to school at the local mission and studied nursing in Newcastle where she became one of the first Aboriginal Registered Nurses in New South Wales.

Eleanor was passionate about healthcare and helping her local community and following her marriage and move to the Central Coast, she carried this same work ethic to our region.

Working for many years before sadly passing away at only 48, Yerin incorporating the Eleanor Duncan Aboriginal Health Centre strive to work tirelessly to uphold her legacy and provide essential services to our community.

The Eleanor Duncan Health Centre official opening was held on Wednesday 6 November 2002, hosted by Master of Ceremonies, Mr Jack Smith who was Eleanor's brother.

With this year's NAIDOC Week theme being 'Because of Her, We Can!', we are reflecting on our history and recognising the invaluable contribution that Eleanor Duncan invested into the future of the health and wellbeing of the Central Coast Aboriginal community.



WHAT'S INSIDE?

Team Update	2
Out and About	3
Women's Group	4
Men's Group	4
Love Your Health, Body and Future	5
NAIDOC Week Events	6
715 Aboriginal & Torres Strait Islander Health Check?	7
Contact Us	8



BECAUSE OF HER, WE CAN!

8-15 JULY 2018

TEAM UPDATE



CONGRATULATIONS DOREEN

Our ITC Outreach Worker Doreen has completed her Certificate IV in Aboriginal Primary Health Care with two Distinctions! Well done!



YADHABA TEAM LEADER

Belinda Brown is now Team Leader of our Yadhaba Wellbeing Team.



STAFF TRAINING - IDENTIFYING CHILDREN AT RISK

Yerin staff participated in a two-day training course to learn how to identify and manage situations in which children may be at risk.



FAREWELL DR KHAN

On behalf of management and staff, we would like to thank Dr Khan for the hard work and commitment he has put into our organisation over the time he has worked for us.

We wish him well for all his future endeavours.

OUT AND ABOUT

OPENING NAIDOC WEEK AT THE ART HOUSE WYONG



VISIT FROM CENTRAL COAST COMMUNITY LEGAL CENTRE



FAREWELL TO JAWUN SECONDEE TIM



AUSTRALIA'S BIGGEST MORNING TEA



GURI GAMBU MEN'S GROUP – OURIMBAH LAWN BOWLS



ABORIGINAL CULTURAL CAPABILITY TRAINING FOR FACS



YERIN WOMEN'S GROUP

Please RSVP to Bree or Kylie prior to each group activity

Phone: 02 4351 1040 | 0413 973 229

JUNE	JULY
<p>DATE: 28 June</p> <p>TIME: 10.30am – 12.30pm</p> <p>ACTIVITY: Healing Discussion</p> <p>LOCATION: Yerin EDAHC – 36 Alison Rd, Wyong</p>	<p>DATE: 26 July</p> <p>TIME: 10.30am – 12.30pm</p> <p>ACTIVITY: To be announced</p> <p>LOCATION: Yerin EDAHC – 36 Alison Rd, Wyong</p>

YERIN MEN'S GROUP

Please RSVP to Brett, Denver or Ryan prior to each group activity

Phone: 02 4351 1040 | 0412 729 708 | 0400 511 174 | 0421 978 906

Fridays 11am – 4pm

20 July

31 August

28 September

30 November

December meeting TBA
(Combined Christmas Gathering)

VENUE:

Mangrove Mountain Shops
Waratah Road, Mangrove Mountain

PICK UP POINTS:

Bara Barang Corporation, 3 Mann Street, Gosford
Yerin EDAHC, 36 Alison Rd, Wyong



Gulgul-ba Women's Group

"I am very Strong"

The circle symbolises women coming together with the flowers, representing growth and to blossom.

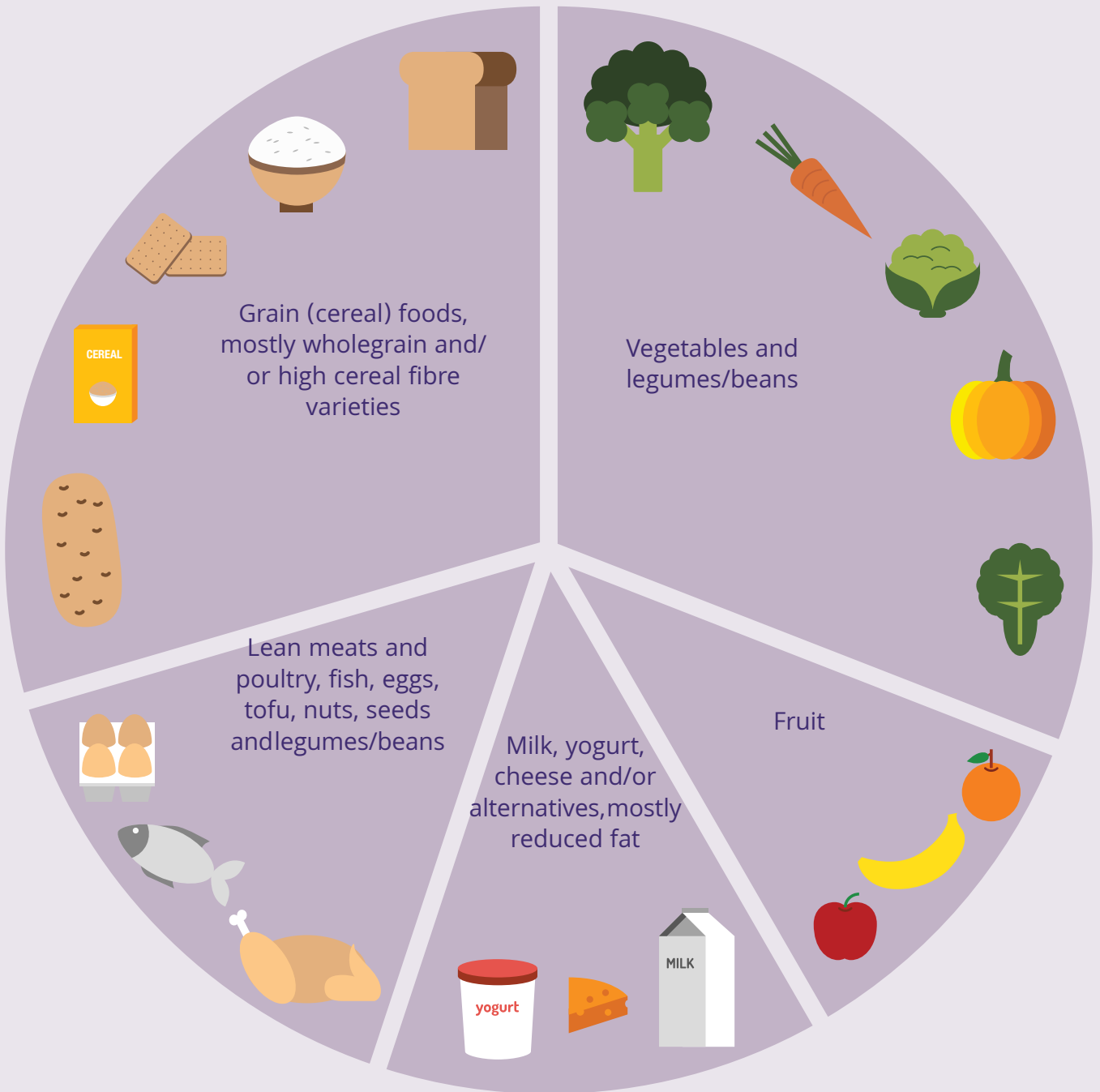


Guri Gambu Men's Group

This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.

LOVE YOUR HEALTH, BODY AND FUTURE

A guide to healthy eating



CHOCOLATE, ALCOHOL, SOFT DRINK

Only sometimes and in small amounts



WATER

Remember to drink plenty of water!



OILS

Use small amounts

To speak with a professional about your nutritional needs, call Yerin Eleanor Duncan Aboriginal Health Centre on 02 4351 1040 to make an appointment.

NAIDOC WEEK 2018

NAIDOC MORNING – DOORALONG TRANSFORMATION CENTRE

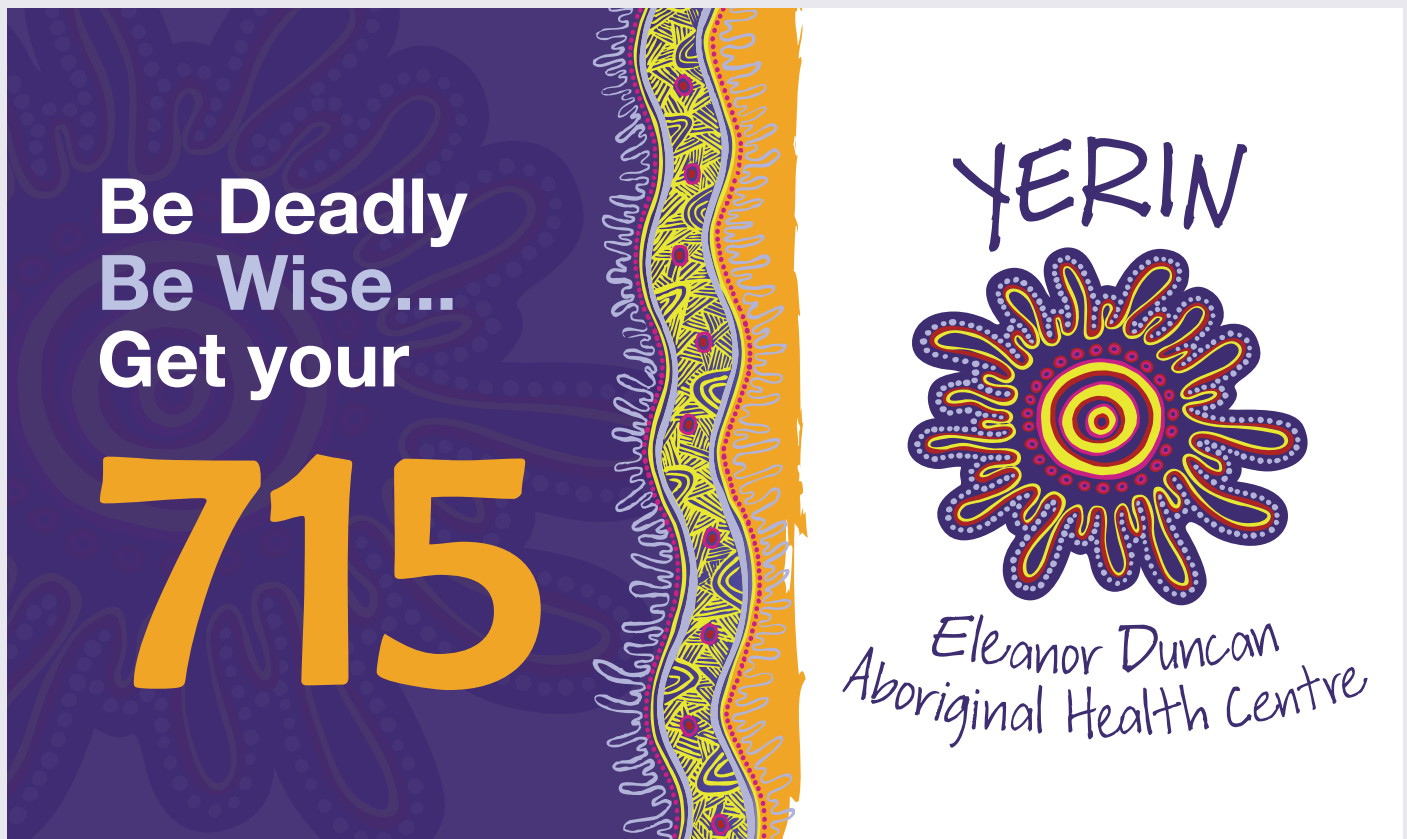
YARNING CIRCLE – REGIONAL YOUTH SUPPORT SERVICES, WYONG



NUNYARA'S NAIDOC COMMUNITY DAY – THE ENTERTAINMENT GROUNDS, GOSFORD



HAVE YOU HAD YOUR 715 ABORIGINAL & TORRES STRAIT ISLANDER HEALTH CHECK?



**Be Deadly
Be Wise...
Get your
715**

YERIN

*Eleanor Duncan
Aboriginal Health Centre*

The Aboriginal & Torres Strait Islander Health Check (MBS item 715) is to help ensure that Aboriginal & Torres Strait Islander people receive primary health care matched to their needs by encouraging early detection diagnosis and intervention for common and treatable conditions that cause morbidity and early mortality.

DID YOU KNOW?

- Having your 715 will help you to manage your health and prevent chronic diseases
- Having a yearly 715 Health Check is free and takes around 45-60 minutes to complete
- The 715 Health Check is tailored for Aboriginal & Torres Strait Islander people of all ages
- Having your 715 will also give you access to additional bulk-billed Allied health Services including Podiatry, Physiotherapy, Dieticians and more

After your appointment, return your 715 appointment card back to reception to go into our monthly prize draw!

“Yerin is a powerful metaphor with many meanings, written in the land at Erina since the dreaming.

It is the meeting of salt water and the fresh water creating brackish water mixing near the mouth of a creek through this metaphor we can learn from difficulties in bringing opposites into creative balance.”

- Larry Maxwell Towney



YERIN

Eleanor Duncan
Aboriginal Health Centre

HOURS OF BUSINESS

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MONDAY - FRIDAY 9am-5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259
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www.yerin.org.au

 @yerinedahc

 @yerinAHS

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