



YERIN

Eleanor Duncan
Aboriginal Health Centre

PROTECT YOUR MOB FROM THE FLU THIS SEASON!

Yerin Eleanor Duncan Aboriginal Health Centre is running drop-in clinics throughout the flu season.

Our mob are more likely to get severe flu and need treatment in hospital. Protect yourself and others with a vaccination this flu season.

We encourage all our patients to have their influenza vaccine as it is the most effective way of preventing the spread of the flu within the community.

We are offering free flu vaccines from the age of six months old.

For more information about the vaccine and the clinic times and dates, please contact Reception on 02 4351 1040.



HAVE YOU HAD YOUR 715?

We take your health and wellbeing seriously.

The 715 Health Check is a health assessment that aims to ensure you receive health care matched to your specific needs, by encouraging early detection, diagnosis and intervention for common, treatable conditions.

If you have had a 715 Health Check recently at Yerin Eleanor Duncan Aboriginal Health Centre, please see Reception for your free cap.

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TEAM UPDATE



Yerin Eleanor Duncan Aboriginal Health Centre would like to say **Yaama** to the following people who have joined Team Yerin recently!



Megan Gardiner
ITC Nurse – Coordinator



Kylie Nichols
Dental Coordinator



Cheryl Young
Transport Outreach
Worker



Dr Risto Cvetkovic
General Practitioner



- | | |
|-----------------|---|
| Jade Kremer | Casual Social Worker |
| Joanne Wilmott | Accounts |
| Maddie Mohan | Aboriginal Health Worker |
| Betsy Blackwood | Public Health Student Volunteer, Continuous Quality Improvement |



EASTER BREAK BBQ BREAKFAST



Yerin held a staff breakfast get together to kick off a safe and happy Easter break for all our teams.

Some board members and family came along.

At Yerin Eleanor Duncan Aboriginal Health Centre we believe that its so important to reward staff for all their hard work and commitment to our community.

CULTURAL INDUCTION WITH UNCLE GAVI



All new employees of Yerin Eleanor Duncan Aboriginal Health Centre undertake Cultural Induction facilitated by Uncle Gavi Duncan from Bara Barang.

Cultural Induction is imperative to ensure that all teams across Yerin Eleanor Duncan Aboriginal Health Centre continue to be culturally responsive and aware of the local cultural protocols.

This is our ongoing responsibility to keep our culture at the forefront as we care for the Central Coast Aboriginal community.





Early detection can save your life.

Book your BreastScreening today at Yerin.
Phone 02 4351 1040 to make your appointment



Child Car Seat Safety

Most people who fit their own child car seats don't do it right!

Yerin EDAHC has trained staff who can make sure your car seat is fitted correctly for **FREE**.

Make a booking today - to have your car seat fitted, call Yerin on **0443 511 040** and ask for Jamie or Breannon.

Make sure your little ones are safe for every trip

OUT AND ABOUT

GOATS – GOING OFF AT THE SWAMP FAMILY MUSIC FESTIVAL



RICH OUTCOMES WORKSHOP



BREASTSCREEN AUSTRALIA CONFERENCE 2018



THE GLEN REHAB FAMILY FUN DAY



QUICK MEALS FOR KOORIS – TRAIN THE TRAINER SESSION



YERIN WOMEN'S GROUP

Please RSVP to Bree & Kylie prior to each group activity

Phone: 02 4351 1040 | 0413 973 229

APRIL	MAY	MAY	JUNE
<p>DATE: 26 April</p> <p>TIME: 10.30am – 12.30pm</p> <p>ACTIVITY: Group discussion regarding Cultural Tour & Overnight Stay</p> <p>LOCATION: Eleanor Duncan Medical Centre</p>	<p>DATE: 3 – 4 May</p> <p>TIME: 10:00am – 12:30pm</p> <p>ACTIVITY: Cultural Tour</p> <p>LOCATION: Scout Camp – Kariong</p>	<p>DATE: 31 May</p> <p>TIME: 10:30am – 12:30pm</p> <p>ACTIVITY: Basket Weaving</p> <p>LOCATION: 61 Howarth St Wyong NSW 2259</p>	<p>DATE: 28 June</p> <p>TIME: 10:30am – 12:30pm</p> <p>ACTIVITY: Wellbeing Workshop</p> <p>LOCATION: 61 Howarth St Wyong NSW 2259</p>

YERIN MEN'S GROUP

Please RSVP to Brett, Denver & Ryan prior to each group activity

Phone: 02 4351 1040 | 0412 729 708 | 0400 511 174 | 0421 978 906

APRIL	MAY	JUNE
<p>DATE: 20 April</p> <p>TIME: 12.00pm–3.00pm</p> <p>ACTIVITY: Discuss Risky Drinking & Reducing Smoking</p> <p>LOCATION: Nunyara Gosford</p>	<p>DATE: 18 May</p> <p>TIME: 12.00pm–3.00pm</p> <p>ACTIVITY: Oral Hygiene</p> <p>LOCATION: Yerin MPB Wyong</p>	<p>DATE: 15 June</p> <p>TIME: 12.00pm– 3.00pm</p> <p>ACTIVITY: Lawn Bowles Topic Prostate Cancer</p>



Gulgul-ba Women's Group "I am very Strong"

The circle symbolises women coming together with the flowers, representing growth and to blossom.

Guri Gambu Men's Group

This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.



NOTICEBOARD

DID YOU KNOW?

Yerin is now a registered NDIS Provider!

Our Disability Linking Worker provides links with community and organises direct participant support. Linking with our mainstream supports, services and therapies to meet individual needs of participants to assist them to achieve their goals.

For more information on eligibility, and if you have any questions about NDIS, please phone Ashleigh Stevens – Disability Linking Worker on **02 4351 1040** option #2.



ASK US ABOUT WORK DEVELOPMENT ORDERS

If you have outstanding fines you may be eligible to apply for a Work Development Order.

Call **02 4351 1040** today.



Dhangan Gudjagang (Mums & Bubs) Group

Term 1 is now complete!
Thank you to all parents and children who joined us each week



ENDOCRINOLOGIST

Dr Joshi is available once a month

Speak to our friendly reception staff for further information



Gudjagang Pregnancy Group



Gudjagang Baby and Child Group

Contact Jamie or Bree on **02 4351 1040** for more information

ARE YOU EXPECTING?

A midwife is available at Eleanor Duncan Aboriginal Health Clinic to provide you with professional support and guidance throughout your pregnancy and birth.

For more information or to book an appointment contact Kim Raveneau

P 02 4351 1040 | M 0434 100 656

Free NDIS Information Sessions

Find out:

- What is the NDIS?
- How to access the NDIS?
- What is funded by the NDIS?
- What supports are available if I am not eligible for the NDIS?
- What is a service agreement?
- Your consumer rights when accessing service providers
- Yarn to people who have been NDIS participants for several years about exercising their rights as consumers.

Sessions will be held from 1 – 3pm at Yerin EDAH on:

- May 23rd
- July 7th, 18th
- August 1st, 15th, 29th
- September 12th
- June 6th

Location: 36 Alison Road, Wyong

Contact: Anita Barker – Ability Links
Aboriginal Linker, Muloobinba Aboriginal Corporation.
M: 0448 005 795 E: anita@muloobinba.org.au

Alison Preece – St Vinnies
Aboriginal Local Area Coordinator
E: Alison.Preece@ndis.gov.au



YERIN
Eleanor Duncan
Aboriginal Health Centre



Muloobinba
Aboriginal Corporation



St Vincent de Paul Society
good works

SAVE THE DATE!

NAIDOC WEEK – 8–15 JULY 2018

The theme for NAIDOC Week 2018 is 'Because of her, we can!'



Darkinjung Local
Aboriginal Land Council

Family Fun Day

Wednesday 11 July 2018

Darkinjung Local
Aboriginal Land Council

NAIDOC Week Golf Day

Friday 13 July 2018

Nunyarra Aboriginal
Health

Central Coast NAIDOC Community Day

Thursday 12 July 2018

Make sure you save the date for these community events and join us as we celebrate NAIDOC Week!



YERIN

Eleanor Duncan
Aboriginal Health Centre

HOURS OF BUSINESS

MONDAY - FRIDAY 9am-5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259
PO Box 466, Wyong NSW 2259

P 02 4351 1040 **F** 02 4351 1037

www.yerin.org.au

 @yerinedahc

 @yerinAHS

Operations Manager
Paul Hussein

**Chief Executive
Officer**
Belinda Field

**Acting Practice
Manager**
Jessica Wheeler

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