



# YERIN

Eleanor Duncan  
Aboriginal Health Centre

## CEO'S MESSAGE – YAAMA 2019

.....

Yaama, I hope you all had a wonderful Christmas and great New Year! Yerin Eleanor Duncan is certainly ready to begin 2019 as we continue to build on last year's achievements.

Our plan is to deliver on increasing our community engagement, health literacy and our Continuous Quality Improvement activities across the entire organisation.

We will have a focus on our Elders, Youth and Dhanggan Gudjagangs and Ngaliya (PSP, mums & bubs) in 2019 – make sure you look out for key events throughout the year.

Yerin Eleanor Duncan's website has all the information you need to know about our organisation: key people, events and much more – make sure you jump on and check it out.

The Community Engagement Steering committee is a key group of people made up of Board members, staff and community, if you are keen to be involved in advising and directing community engagement, we would welcome you to our Steering Committee. All you need to do is email us at [info@yerin.org.au](mailto:info@yerin.org.au) and lodge your interest.

Collaboration is key to working towards meeting the needs of our community. We will continue to work with key partners such as Barang Regional Alliance, Nunyara Aboriginal Health Unit, Mingaletta, Gudjagang Ngara li-dhi, NAISDA, Bara Barang Aboriginal Corporation, Bungree Aboriginal Association, Darkinjung Aboriginal Land Council, The Glen, Kamira Farm, Dooralong Transformation Centre and our Health partners such as the Central Coast Local Health District, Hunter New England Central Coast Primary Health Network, Family and Community Services and many more!

Yerin Eleanor Duncan is committed to delivering excellence in holistic care for our Aboriginal and Torres Strait Islander community and aspire to go beyond 'closing the gap'.

Have a wonderful year!

**Belinda Field, Yerin EDAHC CEO**



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## TEAM UPDATE

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### Goodbye Demetrios

Farewell to Jawun Secondee, Demetrios Pappas. It was a pleasure working with you.

## NEW TO OUR ITC TEAM

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Registered Nurse  
Rikki Smith has now joined our Integrated Team Care program



Breannon Field



Emma Stevens

## CHANGES TO OUR PERMANENCY SUPPORT PROGRAM TEAM

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Congratulations to **Breannon Field** who is now Manager of the Permanency Support Program. We're also proud to welcome **Emma Stevens** to the PSP team as a Caseworker.



# OUT AND ABOUT

## END OF YEAR STAFF DEVELOPMENT DAY



## COMMUNITY CHRISTMAS PARTY



# NOTICE REGARDING GENERAL PRACTITIONER SHORTAGE AT YERIN ELEANOR DUNCAN

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To our valued Aboriginal and Torres Strait Islander Community,

This notice is to advise you about the circumstances surrounding general practitioners at Eleanor Duncan Aboriginal Health Clinic at Wyong.

We are aware that our community is becoming understandably frustrated with the lack of available appointments.

At present, we have the equivalent of one full time GP to meet the patient demand of just under 4,000. This is both unrealistic and not sustainable.



The Board and CEO wish to advise that we have done everything within our capability to recruit additional full time GPs and we have been actively advertising vacant positions since July of this year.

Due to The Department of Health, The Royal Australian College of General Practice and other governing bodies that prescribe where and how doctors can work across the country, we have been unsuccessful.

We have pushed our issue to Federal, State and Local Government representatives to review the restrictions and rules about getting doctors to join our team here at Eleanor Duncan, however, this has been met with barriers and excuses.

Furthermore, the Central Coast is not deemed an area that attracts exemptions under the Department of Health District Workforce Shortage System. This is a policy and procedure that identifies and addresses the distribution of the medical workforces in Australia. We have been informed that our area has 'enough' general practitioners. The distribution of doctors is outside of our control.

We completely understand why you are frustrated, angry and concerned, but we ask that you consider our current situation and where possible use an alternative GP service until we can get additional GP's to keep up with the patient load and to keep our patients safe, healthy and happy. Our other teams will continue to work with clients and patients that access other GP services.

At this stage, we will only offer appointments to patients that are requested as urgent by our GPs – no new appointments or re-appointments will be made until further notice.

Our reception staff have a list of alternative GP services (which can be viewed on our website) and we also have our Eleanor Duncan outreach clinic based at Nunyara in Gosford every Tuesday and Thursday.

We encourage you to join us in campaigning to our Members of Parliament to express your concern or the lack of GPs in our Aboriginal Health Service. Please feel free to write a letter to our local members as well as the Minister for Health, Greg Hunt to highlight this situation.

On behalf of the Yerin Eleanor Duncan Aboriginal Health Services Board of Directors and CEO, we appreciate your understanding and cooperation.



## DHANGGAN GUDJAGANG SERVICES

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The Dhanggan Gudjagang team believes every mother and baby deserves a positive birth and parenting experience and supports clients in accessing comfortable, culturally safe services.

The Dhanggan Gudjagang Team provides

- Support to women throughout their pregnancies
- Post-birth care for mum and bub
- Breastfeeding support
- Advice on child development, such as nutrition, immunisation and milestone development
- Advice on women's business
- Contraception education and advice
- Support for clients when dealing with the mainstream health system work through ECAV to the community

The team also provides support to client and families who are at risk of or experiencing domestic and family violence.

To find out more about the Dhanggan Gudjagang Team or to book an appointment with us, call **(02) 4351 1040**



# NOTICEBOARD

## BECOME A YERIN MEMBER

Want to have a say in how Yerin is run?

Want to participate in Yerin's Board election?

Want to connect more with the local Aboriginal and Torres Strait Islander community?

If YES, then become a Yerin member!

Jump on our website at [www.yerin.org.au](http://www.yerin.org.au) to download a form and email it back to [feedback@yerin.org.au](mailto:feedback@yerin.org.au) or ring for an application to be mailed to you.



**YERIN**  
Eleanor Duncan  
Aboriginal Health Centre



## PODIATRIST



Sam is available every month via appointment. Contact our friendly reception staff on **(02) 4351 1040** for further information.



## ASK US ABOUT WORK DEVELOPMENT ORDERS

If you have outstanding fines you may be eligible to apply for a Work Development Order.

Call **02 4351 1040** today.

# YERIN **Fi**T



## Join our **12-WEEK HEALTH AND WELLBEING PROGRAM** with **COASTAL PERFORMANCE TRAINING**

This program is run in a small group setting, providing structure and form for maximum results, within a supportive and unique team environment.

**WHERE:** Coastal Performance Training, 5-9 Apprentice Drive, Berkeley Vale

**COST:** \$6 per week for 12 weeks (includes full gym access)

**RSVP:** Contact Kylie Wheeler on **0412 544 774**

## YERIN WOMEN'S GROUP



Yerin Women's Group meets on the last Thursday of each month.

If you're interested in joining our Women's Group or would like further details, please contact Kylie Wheeler on 02 4351 1040.

## YERIN MEN'S GROUP



Our Men's Group is held either on the last Thursday or Friday of each month.

If you are interested in joining our Men's Group or would like further details about upcoming dates, please contact us on

**02 4351 1040** OR call:

**Brett – 0412 729 708 | Denver – 0400 511 174 | Ryan – 0421 978 906**



**Gulgul-ba Women's Group**  
**"I am very Strong"**  
The circle symbolises women coming together with the flowers, representing growth and to blossom.

This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.

### Guri Gambu Men's Group



## MEET THE MOB

**Ryan Field**  
Yadhaba Wellbeing Worker

- Favourite Food:** Kebabs
- Favourite Music:** RnB / Rap / Hip Hop
- Hobbies:** Gym, beach, adventuring
- Favourite Animal:** Jaguar or gorilla
- Favourite Sport:** Rugby league / boxing or UFC
- Where you grew up:** Central Coast
- Biggest Achievement:** Buying a house



## HOURS OF BUSINESS

**MONDAY - FRIDAY** 9am - 5pm

Suites 8 & 9, 36 Alison Rd  
cnr Margaret St, Wyong NSW 2259  
PO Box 466, Wyong NSW 2259

**P** 02 4351 1040 **F** 02 4351 1037

[www.yerin.org.au](http://www.yerin.org.au)

 @yerinedahc  @yerinAHS



# YERIN

Eleanor Duncan  
Aboriginal Health Centre

**Business Manager**  
Paul Hussein

**Practice Manager**  
Jessica Wheeler

**Chief Executive Officer**  
Belinda Field

**Clinic Lead**  
Carisa Cook

**Programs Manager**  
Georgee Moore

**Permanency Support Program Manager**  
Breannon Field