



YERIN

Eleanor Duncan
Aboriginal Health Centre

VOICE TREATY TRUTH

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STAFF UPDATE

GOODBYE DR PENNY

.....

We say goodbye to Dr Penny who is retiring.

Thank you for all your hard work Penny. We wish you all the very best.



VOICE TREATY TRUTH

07 - 14
JULY 2019

Let's work together for a shared future.

For 2019 Central Coast NAIDOC Week Events, see page 9 & 10

OUT AND ABOUT



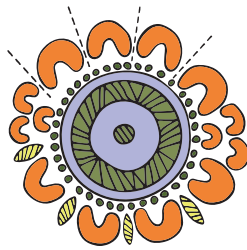
**YERIN
ELEANOR
DUNCAN
EGM AND
MEMBERS
MEETING**

CONNECTING WITH ABORIGINAL COMMUNITIES - TRAINING FOR FAMILY & COMMUNITY SERVICES STAFF



CENTRAL COAST LOCAL HEALTH DISTRICT NAIDOC CELEBRATIONS – WYONG HOSPITAL





MURU BARA
'Making Pathways'
Yerin Aboriginal Ability Services

MEET THE MOB: MTM

CULTURAL DAY OUT

Yerin's Muru Bara NDIS Team invites you to Meet The Mob on one of the following Cultural Days:

FRIDAY 12TH JULY

Aboriginal art and BBQ



MONDAY 15TH JULY

Ten-pin Bowling



WEDNESDAY 17TH JULY

Walkabout Wildlife Park



FRIDAY 19TH JULY

Go-Kart Racing



ARRIVE AT YERIN: 9:30-10:00am

RETURN TO YERIN: 3:30-4:00pm

TRANSPORT: Please advise staff if you require transport to and from Yerin.

MEDICATION: If medication is required it must be provided in a Webster Pack.

WHAT TO BRING: Hat, backpack, water bottle, packed snacks or money, sunscreen.

Lunch is provided.

For enquiries and bookings, please call Yerin on (02) 4351 1040



YERIN

Eleanor Duncan
Aboriginal Health Services

You are invited to the launch of the first ever Aboriginal
dental service on the Central Coast

Eleanor Duncan Aboriginal Dental Services

Date: Thursday 1 August 2019

Time: 3.00pm

Venue: 37 Alison Road, Wyong

RSVP: Please RSVP by Thursday 18 July 2019
to Kylie Nichols (02) 4350 0222

Join us for an afternoon of bush tucker,
dancers from Didge Brothers Dance, Uncle Gavi with
his didgeridoo and special surprise guests

Gulgul Yira – meaning "Strong Teeth"

YERIN ELEANOR DUNCAN ABORIGINAL DENTAL SERVICES

Gulgul Yira - meaning "Strong Teeth"



Our new Dental Clinic offers general dentistry, including:

- Extractions
- Some root canal therapy on anterior teeth
- Some wisdom teeth extractions
- Restorations fillings
- Mouthguards
- Dentures (based on a waiting list)

**To make an appointment, please call (02) 4350 0222.
Our Dental Clinic is located at 37 Alison Road, Wyong.**

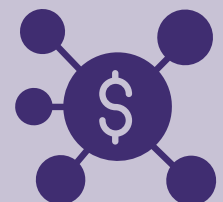
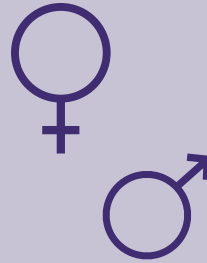
CLINIC HOURS

Monday to Thursday | 8:00am – 4:00 pm

ABORIGINAL HEALTH, OUR WAY

- Chronic Disease Management
- Permanency Support Program
- Management
- Nurses
- General Practitioners
- Oral Health Care
- Administration
- Social & Emotional Wellbeing
- NDIS
- Psychologist
- Mothers & Babies Wellbeing
- Health Promotions
- Finance
- Podiatry
- Speech Pathology
- Credentialed Mental Health Nurse
- Dietician
- Diabetes Education
- Optometrist
- Paediatrician
- Endocrinologist
- Financial Counselling
- Receptionists
- Family Care

Culturally responsive health care for our community



NATIONAL DIABETES WEEK



14TH JULY – 20TH JULY

Diabetes is the world's fastest growing chronic disease and is a serious health problem for Aboriginal and Torres Strait Islander people.

Compared to non-Indigenous Australians, Aboriginal and Torres Straits Islander people are:

- four times more likely to have diabetes
- four times more likely to be hospitalised for diabetes
- five times more likely to die from diabetes.

Compared with non-Indigenous Australians, Aboriginal and Torres Strait Islander people are:

- less likely to develop Type 1 diabetes
- more likely to develop Type 2 diabetes
- more likely to develop Gestational diabetes.

Health complications from diabetes can include:

- heart disease and/or stroke
- kidney failure
- eye disease and blindness
- limb amputations

Yerin Eleanor Duncan provides culturally appropriate health care including diabetes prevention and management programs which can lead to better diabetes care and health.

Speak with our Reception staff to make an appointment with your GP if you have concerns or questions regarding Diabetes.

2019 CENTRAL COAST NAIDOC WEEK EVENTS

Arthur Beetsen The Glen benedert **FAMILY FUN DAY** FREE EVENT!

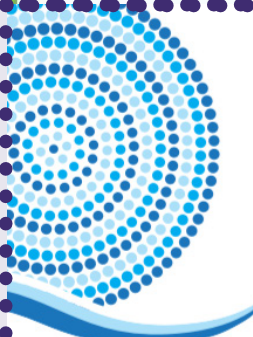
12PM TO 3PM: THURSDAY 11TH JULY 2019
THE GLEN - 50 CHURCH RD, CHITTAWAY POINT

- JUMPING CASTLE
- NRL FOOTY CLINIC / ART ACTIVITIES
- FREE SAUSAGE SIZZLE
- KIDS GAMES
- PLENTY OF PARKING
- COOKING DEMO
- ELDERS AREA
- MECHANICAL FOOTBALL
- BALLOON ANIMALS
- MUSIC STUDIO
- FACE PAINTING



FREE STATION PICK UP AND DROP OFF
(from Tuggerah Station Platform 1 side)
Look out for "The Glen" sign. Our bus will be there per train timetable.

Thank you to all the supporters of this event!



Central Coast **NAIDOC** Community Day

Tuesday 9th July, 2019
10am to 3pm
The Entertainment Grounds,
Gosford Racecourse

- Community stalls
- Free lunch
- Petting zoo
- Face painting
- Jumping castles
- Entertainment
- and much more...

Come together with family, friends and community for a fun filled day.

- Complete all stations in Health precinct (you'll receive a free hoodie on completion - age 16yrs and over only.)



Any enquires contact Nunyara on 4320 2698



NSW GOVERNMENT
Health
Central Coast
Local Health District



The Epicentre NAIDOC Day Event

Ngaliya Dhuluga
meaning: You, I and We in the middle

Join us for a celebration of NAIDOC for a sausage sizzle, vegetarian patties & cup cakes.
Aboriginal outfits will be on display made by the Aboriginal Reconciliation Community Group.
Activities: Painting pebbles to go into the garden.

DATE: Wednesday 10th July 2019

TIME: 10:00am - 12:00pm

WHERE: Ngaliya Dhuluga Garden
28 Brava Avenue San Remo NSW 2262

Bookings essential for catering purposes

RSVP: Friday 28th June 2019
on 02 4390 7888 or email
narelle@sanremo.org.au



the epicentre
Core of Community

MINGALETTA NAIDOC DAY

DATE: 12TH JULY 2019
Time: 10am to 3pm at Mingaletta.

Continue: 6.30pm to 11pm
Eftalong Bowling Club for LIVE BAND and NAIDOC Awards

You're invited to celebrate with us!

\$20.00 tickets on sale now at Mingaletta.

Eftalong Bowling Club
103 Springwood Street
Eftalong 2257
Ring Aunty Di 0432 222 794
For more information

RSVP To: [Mingaletta 02 4342 7515]
Aunty Di 0432 222 794 [30th June 2019]





NAIDOC WEEK 2019

Join Darkinjung as we celebrate NAIDOC Week 2019 on the Central Coast with a series of special events:

Family Fun Day

Wednesday 10th July 2019

Annual Golf Day

Friday 12th July 2019

Darkinjung NAIDOC Ball

Saturday 13th July 2019

More information to come. Keep an eye on our website, Facebook and Instagram for details.

www.darkinjung.com.au

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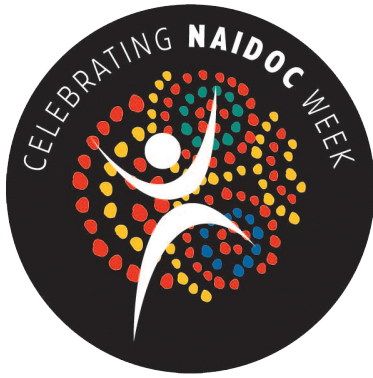
Swap your old helmet and get fitted for a new Aboriginal designed one at the Central Coast Community NAIDOC Day.

DATE: Tuesday 9th July 2019

TIME: 10:30 am – 2:30 pm

LOCATION: The Entertainment Grounds, Gosford Racecourse, 4 Racecourse Road, Gosford

For more information Contact: Coralie Lifu, Roads and Maritime Services on 0411 430 590



NAIDOC History

1920s & 1930s

Before the 1920s, Aboriginal rights groups boycotted Australia Day (26 January) in protest against the status and treatment of Indigenous Australians. By the 1920s, they were increasingly aware that the broader Australian public were largely ignorant of the boycotts. If the movement were to make progress, it would need to be active.

Several organisations emerged to fill this role, particularly the Australian Aborigines Progressive Association (AAPA) in 1924 and the Australian Aborigines League (AAL) in 1932. Their efforts were largely overlooked, and due to police harassment, the AAPA abandoned their work in 1927.

In 1935, William Cooper, founder of the AAL, drafted a petition to send to King George V, asking for special Aboriginal electorates in Federal Parliament. The Australian Government believed that the petition fell outside its constitutional responsibilities.

1938

On Australia Day, 1938, protestors marched through the streets of Sydney, followed by a congress attended by over a thousand people. One of the first major civil rights gatherings in the world, it was known as the Day of Mourning.

Following the congress, a deputation led by William Cooper presented Prime Minister Joseph Lyons with a proposed national policy for Aboriginal people. This was again rejected because the Government did not hold constitutional powers in relation to Aboriginal people.

After the Day of Mourning, there was a growing feeling that it should be a regular event. In 1939 William Cooper wrote to the National Missionary Council of Australia to seek their assistance in supporting and promoting an annual event.

1940–1955

From 1940 until 1955, the Day of Mourning was held annually on the Sunday before Australia Day and was known as Aborigines Day. In 1955 Aborigines Day was shifted to the first Sunday in July after it was decided the day should become not simply a protest day but also a celebration of Aboriginal culture.

1956–1990

Major Aboriginal organisations, state and federal governments, and a number of church groups all supported the formation of NADOC, the National Aborigines Day Observance Committee. At the same time, the second Sunday in July became a day of remembrance for Aboriginal people and their heritage.

In 1972, the Department of Aboriginal Affairs was formed, as a major outcome of the 1967 referendum.

In 1974, the NADOC committee was composed entirely of Aboriginal members for the first time. The following year, it was decided that the event should cover a week, from the first to second Sunday in July.

In 1984, NADOC asked that National Aborigines Day be made a national public holiday, to help celebrate and recognise the rich cultural history that makes Australia unique. While this has not happened, other groups have echoed the call.

1991–Present

With a growing awareness of the distinct cultural histories of Aboriginal people and Torres Strait Islanders, NADOC was expanded to recognise Torres Strait Islander people. The committee became known as the National Aborigines and Islanders Day Observance Committee, NAIDOC. This new name has become the title for the whole week, not just the day. Each year, a theme is chosen to reflect the important issues and events for NAIDOC.

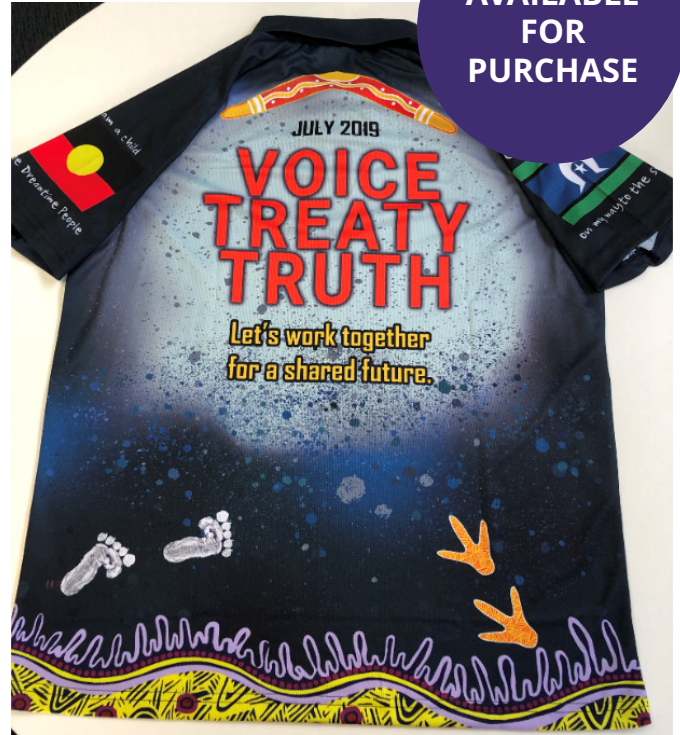
During the mid-1990s, the Aboriginal and Torres Strait Islander Commission (ATSIC) took over the management of NAIDOC until ATSIC was disbanded in 2004-05.

There were interim arrangements in 2005. Since then a National NAIDOC Committee, until recently chaired by former Senator Aden Ridgeway, has made key decisions on national celebrations each year. The national committee has representatives from most States and Territories.

YERIN ELEANOR DUNCAN 2019 NAIDOC SHIRTS

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Please contact Allan or Allison on (02) 4351 1040 for available sizes and cost.
Stock is limited so get in quick!



HOURS OF BUSINESS

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MONDAY - FRIDAY 9am - 5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259

PO Box 466, Wyong NSW 2259

P 02 4351 1040 **F** 02 4351 1037

 @yerinedahc www.yerin.org.au  @yerinAHS

**Business
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**Chief Executive
Officer**

Belinda Field

**Clinic
Lead**

Carisa Cook

**Programs
Manager**

Georgee Moore

**Permanency
Support Program
Manager**

Breannon Field