YERIN NEWS | Edition 19 | August 2019



YERIN

Eleanor Duncan Aboriginal Health Centre

You are invited to the launch of the first ever Aboriginal dental service on the Central Coast

Eleanor Duncan Aboriginal Dental Services

Date: Thursday 1 August 2019 Time: 3.00pm Venue: 37 Alison Road, Wyong

Join us for an afternoon of bush tucker, dancers from Didge Brothers Dance, Uncle Gavi with his didgeridoo and special surprise guests

Gulgul Yira - meaning "Strong Ceth"

WHAT'S INSIDE?

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WELCOME NEW TEAM MEMBERS

Welcome to the following people who have joined Team Yerin! CASSA HINTON FAMILY PRESERVATION, ABORIGINAL CASEWORKER JORDAN FITZGIBBON REGISTERED NURSE DEAN MURRAY NDIS SUPPORT WORKER

INDIGENOUS RECOGNITION MEETING WITH ANDREW BRAGG



Yerin Eleanor Duncan Aboriginal Health Services recently met with Andrew Bragg, the Liberal Senator for NSW, to discuss Indigenous recognition. He was keen to hear the views from the community around the Uluru Statement of the Heart so that he could include those thoughts in his maiden speech in parliament, delivered as he was sworn in. He heard from staff and community from NAISDA, Mingaletta, Gudjagang Ngara li-dhi, Bara Barang and The Barang Regional Alliance.

ACCORD NEGOTIATIONS



Barang Regional Alliance and Yerin's negotiation teams have been working hard with our State Government colleagues towards an Accord. Barang advocates for both Commonwealth and State Governments to think and behave differently when working with our local communities. Find out more about Barang Regional Alliance at www.barang.org.au/

DENTAL HEALTH WEEK

5 - 11 August 2019

Dental Health Week from 5 to 11 August, is the Australian Dental Association's major annual oral health promotion event. Its aim is to educate Australians about the importance of maintaining good oral health by promoting these key messages:



Brush twice a day with a toothpaste that contains fluoride



Eat a healthy, balanced diet and limit sugar intake



Clean in between teeth at least once a day with floss or an interdental brush



Regularly visit the dentist for check-ups and preventive treatment

To make an appointment, please call (02) 4350 0222. Our Dental Clinic is located at 37 Alison Road, Wyong.

> **CLINIC HOURS** Monday to Thursday | 8:00am – 4:00 pm

FRANK BAXTER JUVENILE JUSTICE CENTRE

OUT & ABOUT

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ARTHUR BEETSON FAMILY FUN DAY



DARKINJUNG FAMILY FUN DAY



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NAIDOC KIKUPA TOUCH FOOTY DAY



CENTRAL COAST NAIDOC CELEBRATIONS 2019

CENTRAL COAST COMMUNITY NAIDOC DAY







GOSFORD HOSPITAL NAIDOC CELEBRATIONS



WYONG HOSPITAL NAIDOC CELEBRATIONS



MINGALETTA NAIDOC

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SAN REMO NEIGHBOURHOOD CENTRE





- GUDJA GARAWAN SMOKING CESSATION CLINIC -

NOW ON FRIDAYS 9am-5pm



Yerin's smoking cessation sessions are now held on Fridays from 9am to 5pm

DID YOU KNOW? The Central Coast has the second highest smoking rate in NSW? Come to our Smoking Cessation Clinic and change your life for the better.

Call Malek or Megan on (02) 4351 1040 today for more information

Come in and have a yarn about starting your journey to a healthier you

#ourhealthourway #gudjagarawan #dontquitquitting

NOTICEBOARD

GO4FUN PROGRAM

Help your family get healthy, active and happy with Go4Fun, a ten-week healthy lifestyle program for kids aged 7 – 13 years who are above a healthy weight.

LOTS OF FREEBIES, GIVEAWAYS AND FUN!

GO 4 FUN!

Ask at Yerin **4351 1040** to see if it will suit your family. To register call **1800 780 900**.

NSW

HEALTHY ACTIVE HAPPY FAMILIES

A **FREE** after school

kids and their families.

healthy lifestyle program for 7-13 year old Aboriginal

You don't have to do this alone!

Get on our booby bus to BreastScreen Erina and get tested together.

To book your spot on the next bus, call 02 4351 1040 and speak with Megan.

FRE

boriginal Health Services Inc.

YERIN



FREE LEGAL HELP

Have you lost your licence?

Want to see your kids?

Someone chasing you for money?

Have FaC's/DOC's been to see you?

You can get FREE legal help at Yerin every second Tuesday between 9 am and 12 pm.

Ask staff about an appointment for you.

This service is provided by



Care for community. Fight for justice.

BECOME A RESPITE CARER

Are you dedicated to supporting children and young people's connection to Country, community, family and culture?

Become a Respite Carer today.

For more information or to express your interest visit yerin.org.au or phone 4351 1040

Dhanggan Gudjagang

Yerin's Dhanggan Gudjagang team invites parents and their children aged five years and under to attend a language workshop. Date: Thursday 8th August Time: 10.00am – 11.30am Location: Yerin Community Room

e Norkshop

The workshop includes activities for kids and will provide parents with tools to help encourage their child's language development.

RSVP: Rubi 0403 645 486

YERIN ELEANOR DUNCAN 2019 NAIDOC SHIRTS

Please contact Allan or Allison on (02) 4351 1040 for available sizes and cost. Stock is limited so get in quick!



HOURS OF BUSINESS

MONDAY - FRIDAY 9am - 5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259 PO Box 466, Wyong NSW 2259

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