



# YERIN

Eleanor Duncan  
Aboriginal Health Services

*Celebrating 25 years*

# CLOSE THE GAP MORNING TEA

**OUR HEALTH, OUR VOICE, OUR CHOICE.**

**DATE:** Thursday 19 March 2020

**TIME:** 10:30 AM to 12:00 PM

**LOCATION:** 36 Alison Road, Wyong NSW 2259

**RSVP:** Friday 13 March

Please RSVP to Dean, Megan or Allan on (02) 4351 1040 or 0412 544 774.

## WHAT IS CLOSE THE GAP DAY?

It is a government strategy that aims to reduce disadvantage among Aboriginal and Torres Strait Islander people with respect to life expectancy, child mortality, access to early childhood education, educational achievement and employment outcomes.

## WHAT'S INSIDE?



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# CLOSING THE GAP: NEW APPROACH CALLED FOR AS 2020 REPORT FINDS LITTLE PROGRESS



The latest Closing the Gap report has been released with findings showing that little progress has been made on five of the seven targets.

According to a recent article published by [theguardian.com](http://theguardian.com), the 2020 report card found that out of the seven targets designed to close the gap between Indigenous and non-Indigenous Australians only two have been met. In addition to this, four of the targets expired in 2018.

As reported by [theguardian.com](http://theguardian.com), “the two areas that are on track are early childhood education attendance and year 12 attainment for Indigenous Australians aged 20 to 24.”

However, while the overarching target on early childhood education attendance was met, the report card shows that attendance rates have taken a backwards step over the past year.

The Guardian also reports, “there has been little progress against the other five targets, which include employment, school attendance, life expectancy, child mortality rates and literacy and numeracy.

“A key target to halve the gap in mortality rates for Indigenous children under the age of five within a decade is not on track, with a slight improvement in the mortality rate for Indigenous children outpaced by the improvement for non-Indigenous children, which has caused the gap to widen.

“The report flags the need for further research to understand why an improvement in some of the major health risk factors for child mortality have not translated to improved mortality rates.”

In his address to Parliament on 12 February 2020, Prime Minister Scott Morrison said “I am saddened that we have not met the target for child mortality. But I draw hope and resolve from the fact that we are making progress in tackling the risk factors.

“More Indigenous mothers are attending antenatal care in the first trimester and more are going to at least five antenatal sessions.

“Fewer Indigenous mothers are smoking during pregnancy,” he said.

Regarding the target on school attendance, data presented in the 2020 report card shows that the majority of Indigenous students were present at school four days per week on average, with that average decreasing as students enter secondary school. The report showed the gap between school attendance for Indigenous and non-Indigenous students is evident from a child’s first year of school and this gap has not improved in the past five years.

“Attendance rates for Indigenous students in 2019 were around 82% compared to 92% for non-Indigenous students. Attendance fell from around 85% in primary school to just 72% by year 10, with the rates worse in remote areas,” reported The Guardian.

The 2020 report card notes “improvements” when it comes to the measure of literacy and numeracy, although the target to halve the gap in writing, reading and literacy has not been met.

As reported by The Guardian, “Employment targets have also been missed, with the

Indigenous employment rate stable at 49% compared to 75% for non-Indigenous Australians ... The life expectancy target, which aims to close the life expectancy gap by 2031, is also not on track.”

After making pledges in 2019 to “refresh” Closing the Gap targets, these latest results have prompted prime minister Scott Morrison to argue that a new approach is warranted to better address Indigenous disadvantage.

In his February address to Parliament, Scott Morrison said “Despite the best of intentions; investments in new programs; and bi-partisan

goodwill, Closing the Gap has never really been a partnership with Indigenous people.

“We perpetuated an ingrained way of thinking, passed down over two centuries and more, and it was the belief that we knew better than our Indigenous peoples. We don’t.”

After acknowledging that the country has not made as much progress as we should have, Morrison stated “There remains much to do. And we will do it differently. By working together.”

Read the full article here: [bit.ly/2wrDAI7](https://bit.ly/2wrDAI7)



## TEAM UPDATE



*Yadma*

**Natalie** – Student Placement



*Yadma*

**Allison** – Jawun Secondee

## OUT & ABOUT



### WEAR RED DAY



Supported by Heart Research Australia, Wear Red Day raises awareness and funds for those affected by cardiovascular disease. Thank you to all who attended our morning tea!



### BURIDJGA TEAM LAUNCH

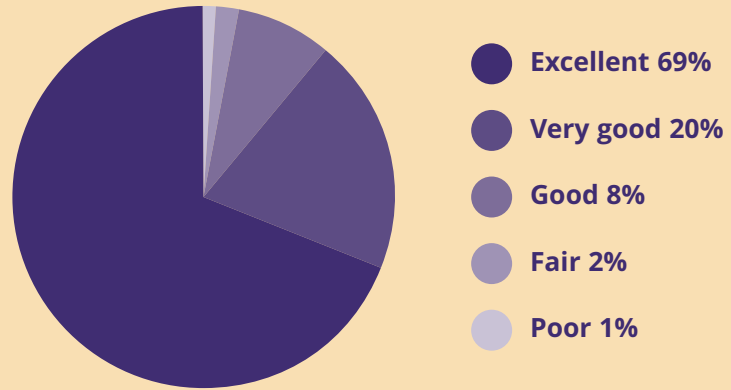


Thank you to everyone who attended our program launch. It was great to see so many organisations supporting our youth.

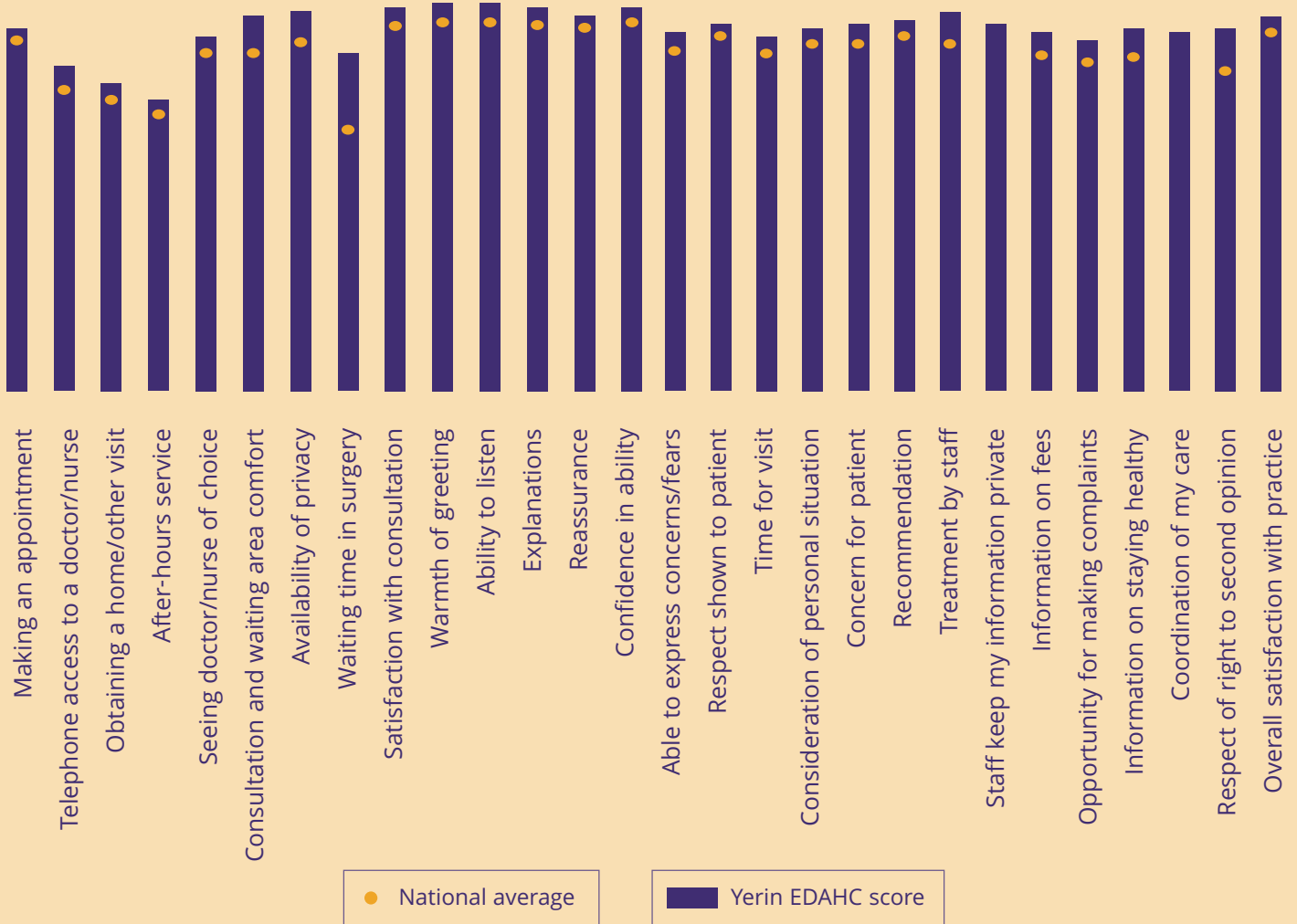


# YERIN ELEANOR DUNCAN ABORIGINAL HEALTH CENTRE PATIENT EXPERIENCE SURVEY RESULTS 2019

97% of all patient ratings about Yerin Eleanor Duncan Health Centre were good, very good or excellent.



## Yerin Elenor Duncan Health Centre Overall Scores



Thank you to all of our patients who participated in the survey.



# Buridjga

## 'Get up'

Yerin Aboriginal Youth AOD & Mental Health Program

The Buridjga Youth Caseworkers will sit alongside the Yadhaba and Yerin Counselling team. Both programs are within the Yerin Eleanor Duncan Aboriginal Health Services Ltd team.

### **WHAT IS BURIDJGA?**

The program will provide ongoing support to high risk vulnerable young people aged 12–24 years old by:

- monitoring and managing risks associated with complex mental health and trauma
- practicing harm reduction and motivational interviewing regarding drug and alcohol use
- addressing physical and sexual health needs, and/or other medical and legal issues
- providing cultural support for young people accessing external Mental Health and AOD Services.

### **WHO CAN BE REFERRED TO THE PROGRAM?**

At risk Aboriginal and Torres Strait Islander youth aged 12 to 24 years who have current drug and alcohol and mental health issues. The program is open to youth who reside in the Central Coast region, Darkinjung country and require case management and care co-ordination to address their mental health, drug and alcohol issues.

### **HOW TO REFER TO THE BURIDJGA PROGRAM?**

Referrals to the program can be arranged through a direct conversation with the team (initially via a Yadhaba intake worker) by phone, face to face or online from the YEDAHC website within 24 hours, prior to further triage and allocation by a multidisciplinary team.

For more information please contact the Buridjga team on 02 4351 1040.

## YERIN WOMEN'S GROUP



Yerin Women's Group meets on the last Thursday of each month.

**Thursday 26 March      Thursday 30 April      Thursday 28 May**

If you're interested in joining our Women's Group or would like further details, please contact Megan Cain on 02 4351 1040.

## YERIN MEN'S GROUP



Our Men's Group is held either on the last Thursday or Friday of each month.

**Friday 20 March      Friday 24 April      Friday 22 May**

If you are interested in joining our Men's Group or would like further details about upcoming dates, please contact Dean on 02 4351 1040



**Gulgul-ba Women's Group**  
**"I am very Strong"**  
The circle symbolises women coming together with the flowers, representing growth and to blossom.

**Guri Gambu Men's Group**  
This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.





# YERIN

Eleanor Duncan  
Aboriginal Dental Services

YERIN ELEANOR DUNCAN ABORIGINAL DENTAL SERVICES

## Eligibility Requirements



You must be an Aboriginal or Torres Strait Islander living on the Central Coast



A patient's non-Aboriginal partner can access the service if they are a current patient that regularly attends Yerin Eleanor Duncan GP visits



Patients 12 years and over must have a current 715 Health Check or a Yerin Care Plan



We accept outside 715 Health Checks if you cannot book in to see our GPs



### CURRENT WAIT TIMES

We have emergency time slots for our mob who are in need of urgent dental treatment



# Book your seat on the Booby Bus

All aboard the Booby Bus to visit BreastScreen Erina to get tested together.

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## 2020 Booby Bus Dates

24 March	18 August
21 April	22 September
19 May	20 October
23 June	17 November
21 July	



You don't have to do this alone!

To book your spot on the next bus, call 02 4351 1040 and speak with Megan.

# Cancer Support Group



**Join us at our Cancer Support Group - a culturally appropriate and safe healing place for those within our community who are affected by cancer to meet, yarn and find out useful information. Morning tea will be provided.**

**When:** Friday 27 March 2020, 10am – 12pm

**Where:** NDIS Building, 33B Alison Road, Wyong

**Enquiries:** Please call Megan or Allan on (02) 4351 1040

Transport will be provided for those who have cancer or who are in remission.  
Please contact Allan on 0412 544 774 to arrange.



**YERIN**

Eleanor Duncan  
Aboriginal Health Centre

# NOTICEBOARD

## GO4FUN PROGRAM

Help your family get healthy, active and happy with Go4Fun, a ten-week healthy lifestyle program for kids aged 7 – 13 years who are above a healthy weight.

**LOTS OF FREEBIES, GIVEAWAYS AND FUN!**



A **FREE** after school healthy lifestyle program for 7-13 year old Aboriginal kids and their families.



### GO 4 FUN!

Ask at Yerin 4351 1040 to see if it will suit your family.  
To register call 1800 780 900.



**YERIN**  
Aboriginal Health Services Limited



## FREE LEGAL HELP

Have you lost your licence?

Want to see your kids?

Someone chasing you for money?

Have FaC's/DOC's been to see you?

You can get **FREE** legal help at Yerin every second Tuesday between 9 am and 12 pm.

Ask staff about an appointment for you.

This service is provided by



Care for community. Fight for justice.



## GOSFORD GP OUTREACH CLINIC

Please note our Gosford GP Outreach Clinic will be temporarily closed on Thursdays.

*Are you dedicated to supporting children and young people's connection to Country, community, family and culture*

## BECOME A RESPITE CARER TODAY

We are currently seeking Respite Carers for our Gudjagangs that are in Permanency Support Placements (PSP). The PSP program gives every child and young person a loving home and care when they need it.

If you are interested in becoming a Respite Carer or know someone who would be suitable please visit [yerin.org.au](http://yerin.org.au) or phone (02) 4351 1040.

## MEET THE MOB

### RIKKI SMITH

Registered Nurse - Integrated Team Care

- Favourite Food:** All the foods, mostly Mexican, or a chicken schnitty.
- Favourite Music:** I don't have a favourite type, more favourite singers, I'm a big fan of Pink.
- Favourite animal:** Dogs or turtles.
- Favourite Sport:** NRL and Cricket
- Where you grew up:** Central Coast
- Biggest Achievement:** My biggest achievement would have to be finishing my University Degree.



## HOURS OF BUSINESS

**MONDAY – FRIDAY** 9am - 5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259

PO Box 466, Wyong NSW 2259

**P** 02 4351 1040 **F** 02 4351 1037

 @yerinedahc   [yerin.org.au](http://yerin.org.au)    @yerinAHS

#### Business Manager

Paul Hussein

#### Practice Manager

Jessica Wheeler

#### Chief Executive Officer

Belinda Field

#### Clinic Lead

Dr Elly Warren

#### Permanency Support Program Manager

Breannon Field

#### Programs Manager

Vicki Field

#### Dental Manager

Kylie Nichols

#### NDIS Manager

Kelly Gavine