



YERIN
ELEANOR DUNCAN
Aboriginal Health Services

August Newsletter

COVID-19

We can all help keep our mob COVID safe.

Stay home if unwell



Got symptoms? Get a test



Wash your hands often



Keep a safe distance



> KEEP OUR MOB SAFE

For more information visit nsw.gov.au



Keeping Our Mob Safe

In one day 66 people in community were vaccinated. We now have 85 on the waiting list!

Pictured here is Jessica Wheeler, Practice Manager at our Eleanor Duncan Aboriginal Health Centre receiving her COVID-19 Vaccine from Dr Elly Warren.

Please call the clinic on 4351 1040 or 1800 493 746 (free call) to book your appointment. Lets keep our mob safe. Pull up your sleeve and be vaccinated.



TEAM UPDATE

Yaama to our newest team members

Celeste Uerata - **Suicide Prevention Officer**

Steve Morris - **Yadhaba Wellbeing Worker**

Lea-Anne Miller - **Yadhaba Wellbeing Worker**

Erin Gillette - **Housing Support Worker**

Kyree Cooper - **Team Lead - Aboriginal Together Homes Program**

Rebecca Richardson - **Administration, Intake Worker**

CENTRAL COAST COVID-19 TESTING SITES WHAT YOU NEED TO KNOW

GOSFORD HOSPITAL

75 Holden Street Gosford, adjacent to the Gosford Hospital P2 car park. Phone: 4320 5055
Opening hours: 9am to 5pm, seven days per week (including public holidays). No appointments needed. Walk-ins accepted seven days a week. There is no age restriction for testing at this clinic.

WYONG HOSPITAL

Pacific Hwy, Hamlyn Terrace. Building C (opposite the Health Services Building). Phone: 4394 9200
Opening hours: 9am to 5pm, seven days per week (including public holidays). No appointments needed. Walk-ins accepted seven days a week. There is no age restriction for testing at this clinic.

DOUGLASS HANLY MOIR PATHOLOGY TUGGERAH

1 Bryant Drive, Tuggerah.
Opening hours: 7:30am - 4:30pm Monday - Friday, 8am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

DOYALSON WYEE RSL CLUB DRIVE THROUGH CLINIC

49-65 Wentworth Avenue, Doyalson.
Opening hours: 7:30am - 4:30pm Monday - Friday, 8am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

ERINA RESPIRATORY CLINIC

331 Terrigal Drive, Erina. Opening hours: 9am - 4pm Monday - Saturday. Book online

KANWAL LAVERTY PATHOLOGY DRIVE-THROUGH CLINIC

Wyong Leagues Club - 40 Lake Haven Drive, Kanwal. Opening hours: 7:30am - 6:30pm Monday - Friday, 7:30am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

GOSFORD 4CYTE PATHOLOGY DRIVE-THROUGH CLINIC

73 Deane St, Narara. Opening hours: 8am - 5pm Monday - Friday and 8am - 5pm Sunday
Appointment not required. Referral not required.

BATEAU BAY CLINICAL LABS DRIVE-THROUGH CLINIC

The Entrance Leagues Club - 3 Bay Village Rd, Bateau Bay. Opening hours: 8am - 4pm Monday - Friday, 8am-3pm Saturday, 8am-2pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

KINCUMBER LAVERTY PATHOLOGY DRIVE-THROUGH CLINIC

Avoca Drive, Kincumber. Opening hours: 8am - 4pm Monday - Friday
Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

KOOLEWONG DRIVE THROUGH TESTING CENTRE (LAVERTY PATHOLOGY)

Boat Ramp, 1 Point to Pelicans Cycleway, Koolewong. Enter (off Brisbane Water Drive) via south entry of carpark, exit north end - one way. Opening hours: 7.30am to 6.00pm Monday to Friday, 7.30am to 3.00pm Saturday, 7.30am to 3.00pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

WOY WOY DRIVE THROUGH TESTING CENTRE (4CYTE PATHOLOGY)

2N Burge Road, Woy Woy (onsite car park).
Opening hours: 9.00am to 4.30pm Monday to Friday, closed Saturday and Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

NARARA DRIVE THROUGH TESTING CENTRE (4CYTE PATHOLOGY)

73 Deane Street, Narara. Opening hours: 8.00am to 5.00pm Monday to Friday, closed Saturday, 8.00am to 5.00pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.





**National Aboriginal and
Torres Strait Islander
Children's Day**

**PROUD IN
CULTURE,
STRONG IN
SPIRIT**

4 August 2021



**#PROUDINCULTURE,
#STRONGINSPIRIT**

www.aboriginalchildrensday.com.au



World Breastfeeding Week

Protect Breastfeeding – A shared responsibility

World Breastfeeding Week is a reminder to us that we all have a role in supporting breastfeeding. Partners, carers, families, communities, workplaces and governments can all help infants have a healthy start in life.

“Protecting Breastfeeding: a shared responsibility”

is a wonderful theme recognises everyone in the community has a role in supporting breastfeeding mothers. Here are some practical ways we can show support for a breastfeeding mother include:

- ✔ Offering a glass of water
- ✔ Offering an extra pillow
- ✔ Helping out and playing with older brothers and sisters, or entertaining visitors so she can focus on baby
- ✔ Learning about how breastfeeding works and being part of the mother’s breastfeeding team
- ✔ Letting her know that you appreciate all her work and efforts
- ✔ And if breastfeeding doesn’t work out reassure her its ok

For further information and help with breastfeeding call Yerin Eleanor Duncan Aboriginal Health Service on 4351 1040 and ask to speak with a midwife.



“Breastfeeding my girls has given me so many special moments connecting with them and singing or talking to them while they watch you while you feed them is just amazing.”

Bobbi Murray



GULGUL-BA WOMEN'S GROUP

Women's Group

Aunties and Sisters are invited to join us at our
2021 GULGUL-BA WOMEN'S BUSINESS.

I am Very Strong!

2021 DATES

27th August
17th September
15th October
19th November
December- Community Christmas

Enquiries please call
Jo Gilmour on 0403 645 486.



Guri Gambu MEN'S GROUP

Uncles and Brothers are invited to join us at our
2021 Guri Gambu Men's Group meetings for
activities, lunches, yarns and more!

2021 DATES

August: Friday 27th

September: Friday 10th,

October: Friday 8th, Friday 22nd

November: Friday 5th

Time: 10am - 2pm

We hope to see you there!

For enquiries please call
Allan Beale 0412 544 774
or **Dean Murray 0426 395 735**



FOLLOW US ON FACEBOOK FOR MORE INFORMATION AND TO RSVP TO EACH MEN'S AND WOMEN'S GROUP EVENTS
Please note: due to the constantly evolving COVID-19 situation, precautions will apply to each meeting based on current health advice including limited numbers and pre-event screening.



Dental Health Week

August 2-8

Look after
those deadly
smiles :)



Gulgul Yira
Dental Clinic



Yerin Eleanor Duncan Aboriginal Dental Services alongside with our partners at CCLHD Oral Health Services Wyong is focused on providing access to dental care that is welcoming and culturally responsive for eligible individuals. We operate within a fully renovated, purpose-built dental practice, located within our old Medical Centre at 37 Alison Road, Wyong and a new Outreach Dental Clinic also operates in Woy Woy Public Hospital.

Our services include all general dentistry, extractions, some root canal therapy on Anterior teeth, some wisdom teeth extractions, restorations, fillings, mouthguards, dentures (based on a waiting list) and dental services for those under 18 years of age.

**YERIN ELEANOR DUNCAN ABORIGINAL
DENTAL SERVICES - WYONG**

Monday - Friday | 8.00am - 4pm
Located at 37 Alison Road, Wyong.

**Yerin Eleanor Duncan Aboriginal
Dental Services - Woy Woy Outreach Clinic**
Operates every second Friday
Located at 7 Kathleen Street, Woy Woy.

**Call (02) 4350 0222 or email dental@yerin.org.au
to make an appointment today.**



BECOME A YERIN MEMBER

HAVE A SAY IN HOW YERIN IS RUN

Members of Yerin Aboriginal Health Services can have a say in how the organisation is run, participate in Board elections and are empowered to strengthen their connection with the local Aboriginal and Torres Strait Islander community.

MEMBERS ARE ENTITLED TO

- ✔ Vote on positions of the Board
- ✔ Be elected to the Board
- ✔ Guide and support the Board
- ✔ Participate in the Annual General Meeting

MEMBERSHIP ELIGIBILITY

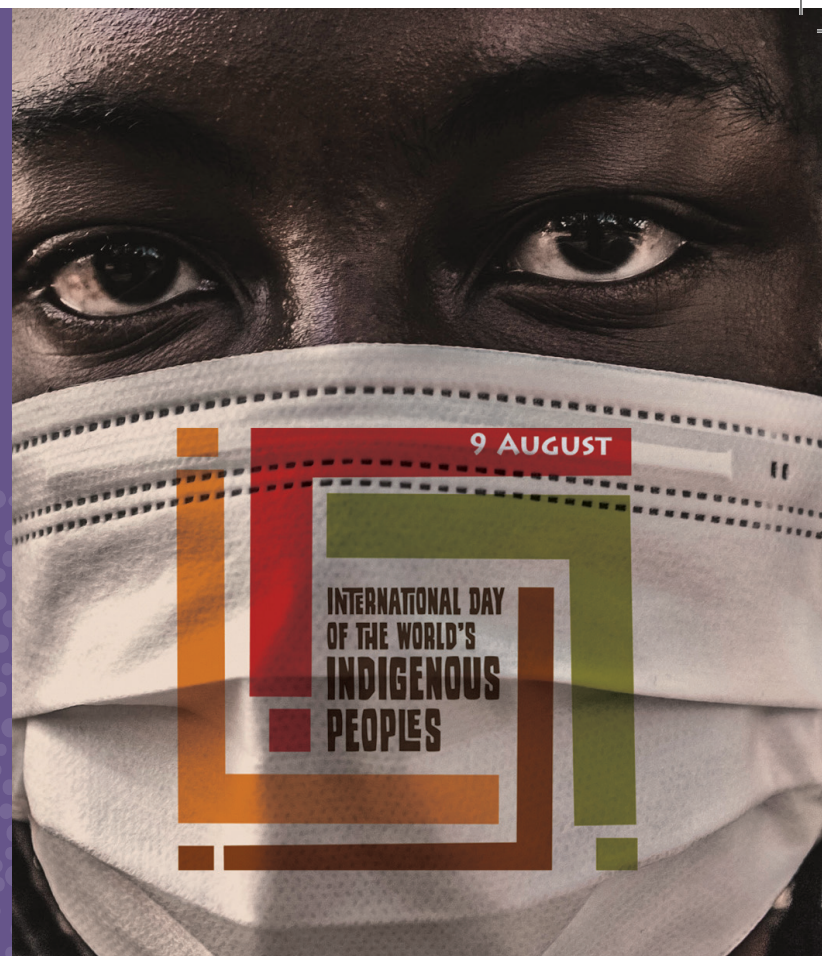
To become a member of Yerin, you must be:

- ✔ Accepted by the local Aboriginal Darkinjung community as being Aboriginal or Torres Strait Islander
- ✔ At least 18 years of age
- ✔ Living in the Central Coast local government area
- ✔ Supported by two current Yerin members
- ✔ Approved by Yerin's Board
- ✔ When making your application to become a Yerin member, you will be asked to provide proof that you meet these criteria.

HOW TO APPLY TO BECOME A YERIN MEMBER

Fill out a Yerin Membership Application Form. Then get your application form signed by two current Yerin members. Also provide proof of Aboriginality, age and residence and then send completed application form to The Secretary. PO Box 466. WYONG NSW 2259

To obtain a Yerin Membership Application Form please contact us on 1800 493 746



The United Nations International Day of the World's Indigenous People is observed on August 9 each year to promote and protect the rights of the world's Indigenous population. Also known as World Tribal Day, this event also recognises the achievements and contributions that Indigenous people make to improve world issues such as environmental protection.

This year's theme is "COVID-19 and indigenous peoples resilience". The day is aimed at promoting and protecting the rights of the world's Indigenous population. The date recognises the first meeting of the United Nations Working Group on Indigenous Populations in Geneva in 1982.

There are more than 476 million Indigenous people..

- living in 90 countries
- representing 5,000 different cultures
- speaking the majority of the world's 7,000 languages

Today is an opportunity to celebrate Indigenous peoples everywhere & their contributions to our world.



YERIN
ELEANOR DUNCAN
Aboriginal Health Services

HOURS OF BUSINESS

MONDAY – FRIDAY 9am – 5pm

Suites 8 & 9, 36 Alison Road cnr Margaret St,
Wyong NSW 2259

PO Box 466, Wyong NSW 2259

P 02 4351 1040 F 02 4351 1037