



YERIN
ELEANOR DUNCAN
Aboriginal Health Services

December Newsletter

Community CHRISTMAS PARTY

WEDNESDAY
22 DECEMBER
10AM TILL 2PM

Yerin Eleanor Duncan will be closing
12:00pm on December 24th and re-opening
9:00am Monday 9th January 2022

For Emergencies please call 000 or attend
to your nearest emergency department.

Gosford Hospital. Holden St, Gosford.
Call 4320 2111

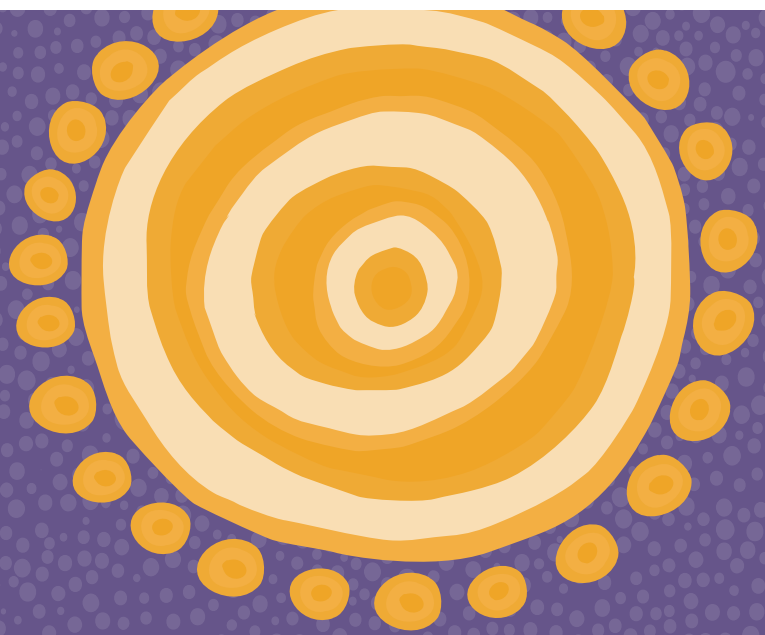
Wyong Hospital. Pacific Hwy, Hamlyn Terrace.
Call 4394 8000

Team Update

Yaama to our newest team members:

- Corey Grech - Aboriginal Sexual Health Worker
- Lea-ann Miller - Yadhaba Wellbeing Worker
- Bailey Carney - Casual Support Worker
- Rebecca Richardson - Admin Intake Worker
- Belinda Allen- Provisional Psychologist

The Dhanggan Gudgagang Team welcomes back Aboriginal Health Worker Kirra Osborne.



We say goodbye to 2 very valuable team members.

AUNTY MOIRA FRASER GURAYI-BIYN YADHA (ITC) TEAM

Aunty Moira joined our Gurayi-biyn Yada team in 2019

We have been very fortunate to have Aunt share her wisdom and kindness throughout the organisation during her time here.

We all wish her well in her future endeavours.

JORDAN FITZGIBBON CLINICAL NURSE, TEAM LEAD

Jordan and his young family have moved to Auckland, New Zealand where he will take up a position as an Emergency Paediatric Nurse at the Starship Children's Hospital.

We would like to thank both Aunty Moira and Jordan for their hard work and dedication to community. They will be missed and we wish them all the very best.



UMINA CLINIC IS NOW OPEN EVERY TUESDAY

Don't forget Our Umina Clinic is now open every Tuesday at 4 Berith Street. Just off West Street, Umina. GP Dr Jennifer O'Regan with our nurse Michelle will be there to assist you. Please call 02 43511040 or 1800 493 746 to book an appointment.



2022 Board Members

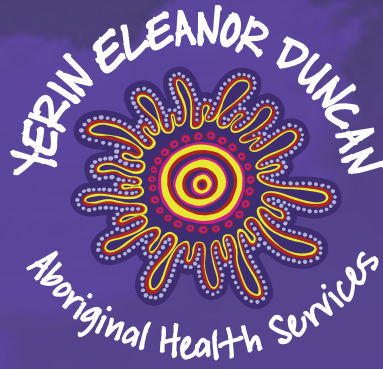
Yerin Eleanor Duncan Aboriginal Health Services held our Annual General Meeting on 29 October, where the board was elected for 2022. We would like to thank Toni Carew for her ongoing dedication to Yerin Eleanor Duncan and her time on the Board. We wish her the best in future endeavours as she enjoys retirement. We would also like to congratulate Stacy Parry on being re-elected as a Board Member.

We now welcome both Karen Adams and Lindsay Hardy to Yerin Eleanor Duncan as Board Members. We are excited to work with you both.

Karen Adams is a Gomeroi woman from Pilliga/Moree, New South Wales who moved to the Central Coast in 1997. Karen has experience in both the public and private system, bringing a wealth of knowledge to the Yerin Eleanor Duncan Board. Passionate about advocating for the health of Aboriginal people living on Darkinjung Country, Karen aims to advocate for Aboriginal people's holistic needs, highlighting providing care to our Elder's.

Lindsay Hardy is a Bidjara Murdi man from Central Queensland. Lindsay has previously held employment throughout Federal and State Government as well as community organisations. Lindsay hopes to use his large network and experiences to advocate and leverage to assist Yerin Eleanor Duncan to continue to provide services to Aboriginal people on Darkinjung Country.





SCAN HERE
TO REGISTER

Community CHRISTMAS ...PARTY...

**WEDNESDAY 22 DECEMBER
10AM TILL 2PM**

BASKET WEAVING WORKSHOPS

**NATHAN FOLEY WILL BE
SINGING CHRISTMAS SONGS**

**REPTILE ENCLOSURE
TO SEE AND TOUCH**

**CHRISTMAS PHOTO
WITH A KOALA**

JUMPING CASTLE

PHOTOS WITH SANTA

A bus will be leaving from Wyong Station at 9.15am
and will run drop offs every 10min from
35 McPherson Rd, Mardi to Wyong Railway Station.
Please do not attempt to park at 35 McPherson Road, Mardi
as the carpark will be closed.

Covid rules apply and all people over the age 16 years
must be double vaccinated.

**For more information please contact Corey on 0426 198 871
or Allan on 0412 544 774**

CENTRAL COAST COVID-19 TESTING SITES WHAT YOU NEED TO KNOW

GOSFORD HOSPITAL

75 Holden Street Gosford, adjacent to the Gosford Hospital P2 car park. Phone: 4320 5055

Opening hours: 9am to 5pm, seven days per week (including public holidays). No appointments needed. Walk-ins accepted seven days a week. There is no age restriction for testing at this clinic.

WYONG HOSPITAL

Pacific Hwy, Hamlyn Terrace. Building C (opposite the Health Services Building). Phone: 4394 9200

Opening hours: 9am to 5pm, seven days per week (including public holidays). No appointments needed. Walk-ins accepted seven days a week. There is no age restriction for testing at this clinic.

DOUGLASS HANLY MOIR PATHOLOGY TUGGERAH

1 Bryant Drive, Tuggerah.

Opening hours: 7:30am - 4:30pm Monday - Friday, 8am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

DOYALSON WYEE RSL CLUB DRIVE THROUGH CLINIC

49-65 Wentworth Avenue, Doyalson.

Opening hours: 7:30am - 4:30pm Monday - Friday, 8am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

ERINA RESPIRATORY CLINIC

331 Terrigal Drive, Erina. Opening hours: 9am - 4pm Monday - Saturday. Book online

KANWAL LAVERTY PATHOLOGY DRIVE-THROUGH CLINIC

Wyong Leagues Club - 40 Lake Haven Drive, Kanwal. Opening hours: 7:30am - 6:30pm Monday - Friday, 7:30am-3pm Saturday - Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

GOSFORD 4CYTE PATHOLOGY DRIVE-THROUGH CLINIC

73 Deane St, Narara. Opening hours: 8am - 5pm Monday - Friday and 8am - 5pm Sunday. Appointment not required. Referral not required.

BATEAU BAY CLINICAL LABS DRIVE-THROUGH CLINIC

The Entrance Leagues Club - 3 Bay Village Rd, Bateau Bay. Opening hours: 8am - 4pm Monday - Friday, 8am-3pm Saturday, 8am-2pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

KINCUMBER LAVERTY PATHOLOGY DRIVE-THROUGH CLINIC

Avoca Drive, Kincumber. Opening hours: 8am - 4pm Monday - Friday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

KOOLEWONG DRIVE THROUGH TESTING CENTRE (LAVERTY PATHOLOGY)

Boat Ramp, 1 Point to Pelicans Cycleway, Koolewong. Enter (off Brisbane Water Drive) via south entry of carpark, exit north end - one way. Opening hours: 7.30am to 6.00pm Monday to Friday, 7.30am to 3.00pm Saturday, 7.30am to 3.00pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

WOY WOY DRIVE THROUGH TESTING CENTRE (4CYTE PATHOLOGY)

2N Burge Road, Woy Woy (onsite car park). Opening hours: 9.00am to 4.30pm Monday to Friday, closed Saturday and Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.

NARARA DRIVE THROUGH TESTING CENTRE (4CYTE PATHOLOGY)

73 Deane Street, Narara. Opening hours: 8.00am to 5.00pm Monday to Friday, closed Saturday, 8.00am to 5.00pm Sunday. Appointment not required. Referral not required. Tests limited to certain patients. Drive-through.





HAPEE Ears For Early Years

We are dedicated to the prevention, early detection and treatment of hearing loss in Aboriginal and Torres Strait Islander children.

Yerin Eleanor Duncan Aboriginal Medical Centre is partnering with Hearing Australia to provide hearing checks for our Gudjagangs 0-6yrs every Friday. Serious ear and hearing troubles affect 1 in 3 Aboriginal and Torres Strait Islander kids

in Australia. This program will provide free, safe and simple hearing checks to book appointments please call reception 43511040 or our free call number 1800493746.



Optometry is back.

Optometry is back every Thursday. With a once a week eye service being held at the building of Yerin Eleanor Duncan Dental Services.

All people wanting an appointment will need to be a current Yerin Eleanor Duncan Aboriginal Health Service patient and be double vaccinated. You will need to show your vaccination certificate and follow all our covid safe requirements.

If you have any questions or want to book an appointment please call us on 43 500 222.

You will need to be a current patient of Yerin Eleanor Duncan and be double vaccinated.

You will also need to show your Vaccination Certificate and follow all of our COVID safe requirements.

Poor eye health can limit an individual's education, employment and social opportunities; it can also increase the risk of injury and lead to dependence on services and other people.

While Aboriginal and Torres Strait Islander children, especially those living in remote areas, often have better eyesight than non-Indigenous children, Aboriginal and Torres Strait Islander adults are three times more likely to experience vision loss or blindness than non-Indigenous adults.

The good news is that 90% of vision loss and blindness among Aboriginal and Torres Strait Islander people is preventable or treatable.





GULGUL-BA WOMEN'S GROUP

Women's Group

A big thank you to all the Women in our community for attending the Gulgul-Ba Women's group events for 2021. We look forward to the New Year events and seeing everyone.

If you have any ideas of what you might like to see happen at the group, please email us at feedback@yerin.org.au



Guri Gambu MEN'S GROUP



Thank you to the men that attended the Guri Gambu Men's Group's this year. It was an exciting way to finish the year to catch up with you fulla's face-to-face.

Also, a special thank you for all the men who made the effort to come and share your time and great yarns.

We are looking forward to seeing you all at end of year events and into 2022.



FOLLOW US ON FACEBOOK FOR MORE INFORMATION AND TO RSVP TO EACH MEN'S AND WOMEN'S GROUP EVENTS

Please note: due to the constantly evolving COVID-19 situation, precautions will apply to each meeting based on current health advice including limited numbers and pre-event screening.